

## Social Workers in the EU



### Reports by our graduates on their career as Social Workers: job options, work experience and further trainings

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I have been working with Helping Hands since 2010 and I truly feel privileged and lucky to be able to work as a live-in-carer under their umbrella. It is a very supportive company with excellent trainings and an incredibly helpful staff and they are always(24/7) just a phone call away!! love working with them! :) To be a live-in-carer sometimes can be intense and demanding but all the smiles, laughs, thanks, cries, good and bad days, days and nights.....just simply worth it!)

"Live-in Care Workers are employed to work with clients on a 24 hour basis to provide care and support to the client/s as detailed specifically in the care plan provided for each client. All clients are individuals who will have received a person-centred holistic assessment of their needs which forms the basis of their care plans. The role of the care worker is to meet their clients needs and to ensure they are supported as detailed in their care plan ensuring at all times that their privacy, dignity and independence are maintained. This will include not only assisting with the client's personal care needs but also their social welfare. The role may include shopping, cooking and will include light housekeeping duties. Care packages will vary from providing companionship care through to providing palliative end of life care and care worker pay rates will vary accordingly. Care worker must work as directed by the Registered Manager and detailed in the individual care plan. The aim of 24 hour live-in care is to enable clients to remain in their homes with as much independence as possible, carrying out the tasks in a professional, discreet and caring manner whilst respecting the clients' dignity, privacy, property and confidentiality.

#### Duties and responsibilities:

##### General

1. To ensure that all duties directed by the Registered Manager and detailed in the Care Plan are carried out in full.
2. To support and assist the client in maintaining a high standard of cleanliness and personal

hygiene at all times and in a respectful and dignified manner. This could include assisting with toileting, washing, catheter care or change and ensuring the toilet/commode/bath etc are



always clean.

3. To ensure the client is always comfortable, particularly if they require manual handling.
4. Prepare meals and refreshments in accordance to the requests and dietary needs of the client.
5. To ensure the client's home is always clean and tidy and that household chores such as cleaning, washing, hovering, dusting etc are done regularly and in accordance with the Care Plan.
6. To inform the Registered Manager immediately in regards to any emergency situations, or if the client experiences a noticeable change in their behaviour or care needs.
7. To work supportively and pro-actively alongside GP's, nurses, physiotherapists and any other professionals involved in the care and wellbeing of the client.
8. Maintain awareness of your role in providing assistance, guidance and support to the client, allowing them to remain as independent as possible.
9. To inform the Registered Manager if there is any suspicion of abuse from anyone towards the client.

#### **Administrative**

1. To keep attendance records and all other relevant documentation up to date, ensuring all information is recorded accurately on a daily basis and retained in accordance with the Data Protection Act. To ensure that all tasks carried out for the client is documented on the attendance sheets.
2. Record all monetary transactions on the financial transactions sheet, giving all receipts to the client, or relevant family contact. This includes any shopping undertaken on behalf of the client.
3. Ensure all financial bills (i.e. gas, electric etc) are dealt with in accordance to the instructions written in the care plan.

#### **Legislative**

1. Ensure all practices are carried out in line with Live-in Care Services policies and procedures and meet the requirements of the National Minimum Care Standards.
2. In the discharge of your duties you may often be in the possession of confidential or personal information. You must not disclose or discuss such information outside of your place of work, or within your place of work EXCEPT in the proper discharge of your duties.
3. You must not accept gifts (monetary or otherwise) from your client at any time.
4. Ensure that the environment in which you are working remains safe and hygienic at all times.

Any concerns must be reported to the Registered Manager immediately." <http://www.helpinghandshomecare.co.uk/>

[1] - **Zsuzsanna Kléri**

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Currently I am working in a gender specific services with women who have been involved in the criminal justice system or being at risk of offending. The services we provide are voluntary however in some cases there are requirements from the court, probation or police for the woman to engage. I am the Parenting and Domestic Violence/abuse worker and I am dealing with cases where the woman has experienced domestic violence/abuse and/or the woman is pregnant, has child/ren and there are issues regarding parenting skills or parental responsibility. My duty is to provide holistic support (one to one), including advocacy. I have to liaise with external agencies (Social Services, Probation, courts, Family Drug and Alcohol Court, Children centre, police etc) and develop, facilitate workshops. At the organisation, I am the Designated Lead professional in safeguarding issues and I am responsible to overview cases related to this matter and to deliver Safeguarding/ Child protection training to peer mentors and to the employees of the organisation. I am also a MARAC (Multi Agency Risk Assessment Conference)

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representative of the organisation (victim focused meeting on the local highest risk cases of domestic violence/abuse).

Previously I was working with male offenders at probation approved premises. The duty was partly public protection by monitoring individuals following the release from prison and make sure they are complying with their license conditions and to support them to re-integrate, re-settle back in society.

I also worked as Social worker at the Children and Families Leaving Care team and one of my first job - after receiving my diploma - was the Family contact supervisor position at the Family support team. - [Andrea Túri](#)

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I am a registered social worker in the UK. Currently I am working as a care/support worker. I support elder people; previously in a nursing home, but now in their homes to be able to live independent life as much as possible. - [Luca Csikós](#)



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### Links

[1] <http://www.helpinghandshomecare.co.uk/>